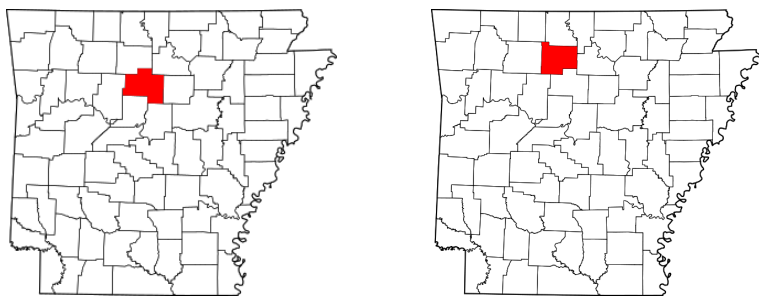


2023



Community Health Needs Assessment



Van Buren & Searcy Counties

Ozark Health, Inc. providers have come together to support the community in ways that go above and beyond providing care within their walls. To help determine the most critical health needs facing the area, these providers have performed a Community Health Needs Assessment (CHNA) that brings together county-level data and viewpoints throughout Van Buren and Searcy counties. They then developed a plan for how it can help address the top health needs (see below).

Process

Statistical data and trends are gathered from top industry sources and include:

- Population Analysis
- State Rankings
- Peer Rankings
- National Rankings

DATA

Surveys were sent out via Survey Monkey and social media. Respondents were given 18 questions. All members of the geographic service area were targeted.

SURVEY

Once the data and surveys are complete and the top health needs are determined, an implementation plan is created for each need.

The plan includes activities to educate the community and bring more awareness to the health risks identified. Progress will be tracked and identified.

IMPLEMENTATION

Data

Arkansas is the 27th largest state by area.

DEMOGRAPHICS

	Arkansas	Searcy County	Van Buren County
Population	3,011,524	7,828	15,796
Income Average	\$52,528	\$39,627	\$40,763
Poverty %	16.3%	24.1%	17.6%
Employment %	55.0%	44.7%	42.1%
Disability %	17.4%	25.4%	26.4%
without Health Insurance %	9.2%	5.7%	10.1%
Total Households	1,183,675	2,964	6,951

Current Areas of Focus:

- 1 Stroke
- 2 Diabetes
- 3 Heart Disease

Data

In 2020 there were 8,621 deaths due to heart disease in Arkansas. Arkansas is ranked 4th among all states for the highest heart disease mortality.



Top 10 Causes of Death in Arkansas

01. Heart Disease

02. Cancer

03. Respiratory Disease

04. Accidents

05. Stroke

06. Alzheimer's Disease

07. Diabetes

08. Kidney Disease

09. Influenza/Pneumonia

10. Suicide

Arkansas had the 4th highest acute stroke death rate in the US. About 20 people suffer from stroke each day in the state. Someone has a stroke every 40 seconds in the US.



Today over 288,800 adults in Arkansas with a known diagnosis of diabetes, that's more than 1 out of every 9 adults in the state. Those with a diagnosis of diabetes have medical expenses that are "approximately 2.3 times higher than those for who do not have diabetes."



An estimated 75,000 adults in Arkansas had diabetes but did not know it. An additional 797,000 adults or more than one-third of Arkansas had prediabetes.

Survey

The Community Health Needs Assessment Survey was put together for quality data in support of the quantitative data collected from 2019 to 2020. The survey was made available via social media and emails.

2023 Significant Health Needs According to Our Communities

Top 3 Health Concerns:
Heart Disease, Stroke, Diabetes

A total of 443 individuals responded to the survey

Summary of Health Needs

Section 501(r)(3)(A) requires a hospital organization to conduct a community health needs assessment (CHNA) every three years and to adoption implementation strategy to meet the community health needs identified through the CHNA. Section 501(r)(3)(B) provides that the CHNA must:

- Take into account input from persons who represent the broad interests of the community served by the hospital facility, including those with special knowledge of or expertise in public health, and
- Be made widely available to the public.

The survey was made available via public social media and emails. A total of 443 patrons participated in the survey. Over the next three years, Ozark Health, Inc. will focus on the following in the community.

1 Stroke 2 Diabetes 3 Heart Disease

Ozark Health, Inc. will be present at health fairs, school events, business events and other activities in the community educating the people of Van Buren and Searcy Counties. As a partner with UAMS AR Saves, additional information will be made available through them. Ozark Health, Inc. has a Respiratory Therapist and Registered Dietician on staff that will help with the community needs.

Goals

Goal 1: Increase knowledge of Stroke & Cardiovascular Disease awareness

Objective 1: Educate the community and local providers about Ozark Health, Inc. stroke and cardiovascular disease services available beginning July 1, 2023 and continuing through June 30, 2026.

Objective 2: Partner with UAMS AR Saves to provide community education in the form of handouts and other literature beginning July 1, 2023 and continuing through June 30, 2026.

Objective 3: Encourage whole family participation in events so that the community knows what to do in case of a stroke. Reiterate the F.A.S.T. program beginning July 1, 2023 and continuing through June 30, 2026.

Goal 2: Increase community awareness of diabetes in the Van Buren and Searcy County area.

Objective 1: Educate the community regarding the importance of health and wellness beginning July 1, 2023 and continuing through June 30, 2026.

Objective 2: Encourage whole family diabetes awareness by attending events in the community with the focus on diabetes and spreading awareness via social media beginning July 1, 2023 and continuing through June 30, 2026.

Objective 3: Utilize social media, such as Facebook, Twitter, Instagram and web pages, to educate youth and adults on the dangers of diabetes and unhealthy lifestyle choices beginning July 1, 2023 and continuing through June 30, 2026.

Goal 3: Decrease the number of undiagnosed Van Buren and Searcy County residents who have a heart disease.

Objective 1: Educate the community regarding the importance of heart disease beginning July 1, 2023 and continuing through June 30, 2026.

Objective 2: Ozark Health, Inc. will provide community education and attend events to help spread awareness of heart disease and its causes beginning July 1, 2023 and continuing through June 30, 2026.

Objective 3: Utilize social media, such as Facebook, Twitter, Instagram to educate youth and adults on the dangers of heart disease beginning July 1, 2023 and continuing through June 30, 2026.



For more information about Ozark Health, Inc. the services we provide and events that are forthcoming, please visit our website at www.ozarkhealth.net or call us at (501) 745-7000. You may also visit us on our social media sites.

